

Capital Volkspport Club Meeting Minutes
14 May, 2026
Olympia/Lacey Church of God
5005 Lacey Blvd.
Lacey, WA 98503
President Karen Younkings, Presiding

1. Thanks to Sheila Morrison for providing tonight's delicious treats. Cindy Extine will bring them for our July meeting.
2. Sign up sheet is in the back of the room if you want a replacement (or new) nametag. Karen will collect the money or checks and send in the order later this month.
3. As of now, all upcoming Thursday traveling guided walks have a leader. Thanks!
4. Karen Younkings has walked 19,000 km and completed 1500 events! Jim Younkings has completed 800 events! Bonnie Tucker won \$100 in the Winter Walking contest!
5. March minutes, resent to the club via email on April 27th, were approved as submitted.
6. The Treasurer's Report was emailed to the club on May 13, along with the walker participation report. Pam Greig-Davis noted that our taxes have been completed and signed, and will be submitted by the deadline. There have been 471 walks completed so far (not counting Wild and Woodsy,) which is down from prior years, a recurrent refrain noted by all of the clubs.
7. The Club presented Certificates of Appreciation, as well as the gift of lifetime memberships, to Steve and Sue Strachan, thanking them for the extraordinary gift of a wonderful, free headquarters for our Wild and Woodsy event these past years, and for their enthusiastic participation.
8. Several members relayed reports of their recent, notable trips and walks: Carole Mukasa enjoyed the Walking Adventures tour of Skagit Valley; the Extines visited Nashville, and then completed Capital city walks in Illinois, Michigan, Indiana, West Virginia, and Kentucky. Liz Morrison enjoyed a visit to NYC and Philadelphia.
9. David Black gave the most recent ESVA meeting report. He stated that the club has an ending treasury balance of just over \$13, 987. He noted that the Walk Review program is ongoing, and there will be prizes offered (by drawing) for those with the two highest review submissions. Washington currently has 185 events which need a review. He mentioned a sustained effort by the Central Washington Sunstriders Club to attract new members which includes viewing the AVA Webinar about recruiting and retaining members (highly recommended,) as well as a revised Facebook page and a newly designed pamphlet with wider distribution. He also mentioned that the AVA was able to lower their insurance premium this year by choosing a new insurance provider Also of note was the carry-over of all current ESVA Board member positions. Congratulations to those who continue to serve. The next ESVA meeting will be by Zoom on July 16th at 7PM.
10. Pam Greig-Davis gave a synopsis of Wild and Woodsy. We had 108 people registered, and 307 walk registrations. Our profit this time was just under \$700. All of the numbers are down from previous event totals. Reviews of the event were positive and those who participated particularly liked the

dinners and Pub Crawl, and the new walk at Tolmie State Park. A big thank you to Chase and Pam for all their efforts to organize this last Wild and Woodsy event!

11. Bonnie Tucker gave the area coordinator's report for our South Sound area, and several events are coming up, including Flaming Geyser State Park (Daffodil Valley group,) on May 16th. Mt. Ranier State Park (Daffodil Valley group,) on August 15th, and a multi day event in Bellingham (also the Daffodil group,) Oct. 8-11th. This is the 40th Anniversary year for the Daffodil Valley Volkssport Club! The Evergreen Wanderers are considering another link-up with the Tacoma charity race event entitled, "Sound to Narrows" on June 13th. There are both runners and walkers participating in 5K and 12K events. They have done this in the past.

Bonnie also gave out several exemplary service awards on behalf of ESVA to members Karen Younkings (for serving as Club President for the past 4+ years, volunteering when we had no other candidates coming forward,) Peter Sweet (for 15 years of dedication to our Website,) Perki Sweet (for arranging for and hosting our free Club meeting place these last few years,) Liz Morrison (for years of participation, serving as Officer, and being a dedicated volunteer for numerous events over the years,) and Sheila Morrison (for serving as our Membership Chair and keeping such complete email lists of all of our members.) Thank you to all of the honorees!

12. The election of CVC Club Officers took place with the full slate of candidates accepted by unanimous acclimation. Congratulations to: Chase Davis (President,) Larry and Cheryl Bush (co-Vice Presidents,) David Black (Secretary,) Pam Greig-Davis (Treasurer,) Sheila Morrison (Membership Chair,) Bonnie Tucker (South Sound Area Coordinator for ESVA,) and Mary Clem (ESVA Rep.)

13. Mary Clem will lead a walk in the Lakehills area of Bellevue on Saturday, June 27th. We will walk at 10:30 to give us a bit more time to do the trek north, so registration, which will be provided onsite by the Interlaken Trailblazers Club, will take place at 10:15. The start point is at the Bellevue Demonstration Garden parking lot at 15500 SE 16th St. in Bellevue. There is a good size parking lot, and restrooms. We will have a 5 km route, and a 10 km route. These walks are mostly through greenbelts on nicely groomed trails, and include the Larson Lake Blueberry farm, Phantom Lake Park (5 k) and Weona Park (10k.) The walks are rated 1B by the Interlaken club, though the 10K will have a couple of diversions from the sanctioned 10K and will include some short but steep ups and downs in a wooded setting. There are many choices for lunch in the area, but a favorite of Mary's from her old neighborhood is at the Crossroads Mall just up the avenue from the start point.

14. The deadline for submissions to the June/July newsletter is May 25th.

15. It was suggested that we send a get well card to Gayle Klostermeyer as she recovers from a broken arm.

16. With no further business to discuss, the meeting was adjourned.

Respectfully submitted,

Mary Clem, Secretary, CVC

Mary L Clem